

# Detention Support

If you are in immigration detention, or worried about being held in detention, keep this leaflet.

AVID is the national network of voluntary organisations providing support to people in detention.

We can provide a range of independent support inside detention, such as visiting (befriending), casework, or information. We can also help you connect with other specialist organisations.



You are not alone. You can talk to a visitor.

Check our website to find a group that volunteers in your centre:

**[www.aviddetention.org.uk/visiting/visitors-groups](http://www.aviddetention.org.uk/visiting/visitors-groups)**

Or phone us:

**0207 281 0533**



association of **visitors** to  
immigration detainees

## Centre

## Who to contact

**Tinsley House (Gatwick)** • Gatwick Detainee Welfare Group (GDWG)  
01293 657 070  
info@gdwg.org.uk

**Brook House (Gatwick)** • Gatwick Detainee Welfare Group (GDWG)  
01293 657 070  
info@gdwg.org.uk

**Harmondsworth (Heathrow)** • Detention Action  
0207 226 3114  
admin@detentionaction.org.uk  
• Jesuit Refugee Service (JRS UK)  
020 7488 7319  
uk@jrs.net  
• SOAS Detainee Support (SDS)  
07438 407570  
s.det.sup@gmail.com

**Colnbrook (Heathrow)** • Detention Action  
0207 226 3114  
admin@detentionaction.org.uk  
• Jesuit Refugee Service (JRS UK)  
020 7488 7319  
uk@jrs.net  
• SOAS Detainee Support (SDS)  
07438 407570  
s.det.sup@gmail.com

**Yarl's Wood (Bedfordshire)** • Yarl's Wood Befrienders (YWB)  
01234 272 090  
admin@ywbefrienders.org  
• SOAS Detainee Support (SDS)  
07438 407570  
s.det.sup@gmail.com

**Larne House STHF (N.Ireland)** • Larne House Visitors Group (LHVG)  
info@larnehousevisitorsgroup.org.uk

**Morton Hall (Lincolnshire)** • Morton Hall Detainee Visitors Group  
(MHDVG) 07758 604 293  
volunteer@mhdetentionvisitors.org

**Manchester STHF  
(Airport building 302)** • Manchester Immigration Detainee Support  
Team (MIDST) 0207 281 0533  
visitors@MIDST.org.uk

**Dungavel (Scotland)** • Scottish Detainee Visitors (SDV)  
0141 248 9799  
director@sdv.org.uk